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CHRISTOPHER WHARTON, PHD

EDUCATION

2003 - 2006 Arizona State University Mesa, Arizona
PhD in Curriculum and Instruction (Exercise and Wellness)
Dissertation: *The Development of a Reliable Measure of Skepticism Toward Weight Loss-Related Information in the Media*

2000 - 2003 University of Illinois - Urbana Urbana, Illinois
MS in Nutritional Sciences
Research focused on effects of broccoli and tomato phytochemicals on prostate cancer in rat models

1997 - 2000 University of Illinois - Urbana Urbana, Illinois
BS in Food Science and Human Nutrition
Graduated with honors

POSTDOCTORAL TRAINING

2006 - 2007 Yale University New Haven, Connecticut
Post-Doctoral Research Associate – Rudd Center for Food Policy and Obesity
Assisted in data collection and analyses for Robert Wood Johnson Foundation grant project focused on school wellness policies
Involved in projects related to food reformulation and food addiction
Studied barriers to effective administration of the Food Distribution Program on Indian Reservations

EMPLOYMENT AND TEACHING EXPERIENCE

2007 - Current Arizona State University Mesa, Arizona
Assistant Professor
Conducting research on food policy and food systems sustainability
Developed and coordinated a community supported agriculture program

2005 Arizona State University Mesa, Arizona
Teaching Internship: Community Nutrition
Developed and administered lectures; assisted in exam development

2003 - 2004 Arizona State University Mesa, Arizona
Adjunct Faculty Member
Taught sophomore-level Introductory Nutrition for one term

2003 - 2004 Gateway Community College Phoenix, Arizona
Adjunct Faculty Member
 Taught three terms of Introductory Nutrition

2002 University of Illinois-Urbana Urbana, Illinois
Teaching Assistant: Introductory Nutrition
 Ran discussion sections and review sessions

 PUBLICATIONS

- Wharton CM**, Harmon AH. University engagement through local food enterprise: Community supported agriculture on college campuses. *J Hung Env Nutr*. 2009;4:112-128.
- Puhl RM, **Wharton CM**, Heuer C. Weight bias among dietetics students: Implications for Treatment Practices. *J Am Diet Assoc*. 2009;109:438-444.
- Wharton CM**, Long M, Schwartz MB. Changing nutrition standards in schools: The emerging impact on school revenue. *J School Health*. 2008;78:245-251.
- Wharton CM**, Adams T, Hampl JS. Weight loss practices and body weight perceptions among U.S. college students. *J Am Coll Health*. 2008;56:579-584.
- Adams T, **Wharton CM**, Quilter L, Hirsch T. The association between mental health and acute infectious illness among a national sample of 18- to 24-year-old college students. *J Am Coll Health*. 2008;56:657-663.
- Vartanian LR, Schwartz MB, **Wharton CM**, Brownell KD. Examining the nutritional quality of breakfast cereals marketed to children. *J Am Diet Assoc*. 2008;108:702-705.
- Spencer L, **Wharton CM**, Adams T. The Transtheoretical model as applied to dietary behaviour and outcomes. *Nutr Res Rev*. 2007;20:46-73.
- Hampl JS, Bramlett-Solomon S, **Wharton CM**. Direct-to-consumer advertising of prescription medications: Do you see what the public sees? *J Am Diet Assoc*. 2006;106(12):1937-1946.
- Hannum SM, Carson LA, Evans EM, Petr EL, **Wharton CM**, Bui LM, Erdman JW, Jr. Use of packaged entrees as part of a weight loss diet in overweight men: An 8-week randomized clinical trial. *Diabetes Obes Metab*. 2006;8(2):146-155.
- Hampl JS, **Wharton CM**, Taylor CA, Winham DM, Block JA, Hall R. Primetime television impacts adolescents' impressions of bodyweight, sex appeal, and food and beverage consumption. *Nutr Bull*. 2004;29:92-98.
- Wharton CM**, Hampl JS. Beverage consumption among Native Americans in Arizona. *Nutr Rev*. 2004;62:153-159.
- Wharton CM**, Hampl JS, Hall R, Winham DM. PCs or paper-and-pencil: online surveys for data collection. *J Am Diet Assoc*. 2003;103:1458-1460.

CHAPTERS

Wharton CM. Obesity, Society, and Health. In: *Obesity: A multidimensional approach to a contemporary global issue*. Sinha R, and Kapoor S (Eds). Dhanraj Book House; Delhi, India. 2009.

OTHER PUBLICATIONS AND CONTRIBUTIONS TO POPULAR MEDIA

Wharton CM. Food Advertising to Children. In: *Encyclopedia of Obesity*. Keller K, and Golson, JG (Eds). Thousand Oaks, CA. Sage Publications; 2008:296-298.

Wharton CM, Crum A. Fitness and Obesity. In: *Encyclopedia of Obesity*. Keller K, and Golson, JG (Eds). Thousand Oaks, CA. Sage Publications; 2008:276-279.

Puhl R, **Wharton CM.** Weight bias: A primer for the fitness industry. *ACSM's Health and Fitness Journal*. 2007;11:7-11.

Puhl R, **Wharton CM.** An introduction to weight bias for dietitians. *Today's Dietitian*. 2007;9:58-60.

Wharton CM. Veggie Grant Project, 2006: A review of a Web site from the Iowa Department of Public Health. *J Nutr Educ Behav*. 2007;39:57-58.

Wharton CM. The client's environment and behavior change. An online article for Personal Training on the Net.com. Accessed at <http://www.PTontheNet.com>. Posted January, 2007.

Wharton CM. Seventeen.com Challenge 2007. Provided online nutrition content each month of 2007 for the Seventeen Magazine Web site.

MANUSCRIPTS IN REVIEW OR IN PREPARATION

Wharton CM, Hughner R. Perceptions of the benefits and ideals of community supported agriculture programs. In preparation.

Vartanian LR, **Wharton CM,** Green E. Gender and dietary restraint differences in motivation for weight loss and exercise. In preparation.

GRANTS AND FELLOWSHIPS

US Department of Agriculture Farmers Market Promotion Program Grant, "The development of a sustainable farmers' market association in Arizona: reaching and connecting communities through local agriculture," 2008-2010 (\$67,344) [PI: Christopher Wharton]

Lincoln Center for Applied Ethics PolyTech Teaching Fellowship, 2008-2009 (\$4,000)

Robert Wood Johnson Foundation Healthy Eating Research Grant Collaborator, 2006-2007 [PI: Marlene Schwartz, Yale University]

AWARDS AND HONORS

American Dietetic Association Leadership Institute participant, 2009

WK Kellogg Foundation “Food and Society 2008: Gathering for Good Food” Conference, Invited Participant, 2008

American Dietetic Association Leadership Institute participant, 2006

Arizona State University, Department of Exercise and Wellness Outstanding Scholar, Teacher, and Leader Award, 2006

Arizona State University, Polytechnic Campus Graduate Research Conference Award, 2005

Arizona State University Travel Grant for the American Dietetic Association Food and Nutrition Conference and Exposition, 2004

Arizona State University Travel Grant for the American Dietetic Association Food and Nutrition Conference and Exposition, 2003

National Institutes of Health Travel Grant for the “Vitamin D and Health in the 21st Century: Bone and Beyond” conference, 2003

University of Illinois Margins of Excellence Research Award, 2001

Benedictine University Scholars Program Scholarship, 1995-1997

PRESENTATIONS

“The roles and values of community supported agriculture: Opinions of CSA members and nutrition experts [poster presentation].” Presented at the Association for the Study of Food and Society Conference, State College, PA, 2009.

“Gender and dietary restraint differences in motivation for weight loss and exercise [poster presentation].” Presented at the Society of Behavioral Medicine Annual Meeting, Montreal, Quebec, Canada, 2009.

“The effect of the food environment on food choice [invited speaker].” Presented at the 23rd Annual Arizona Agribusiness Forum: The New Food Economy, the University of Arizona, Tucson, AZ, 2008.

“Weight bias among dietetics students: Implications for treatment practices [poster presentation].” Presented at the Obesity Society Conference, Phoenix, AZ, 2008.

“CSA’s on college campuses: A venue for local agriculture [invited speaker].” Presented at the Association for the Study of Food and Society Conference, New Orleans, LA, 2008.

“The effects of variety on children's snack food consumption [poster presentation].” Presented at the Society of Behavioral Medicine Annual Meeting, San Diego, CA, 2008

“Workplace health promotion programs and policies: Nutrition, Physical Activity, and Breastfeeding [oral presentation].” Presented at the Centers for Disease Control and Prevention Evaluation Workshop, Atlanta, GA, 2007

“A healthy environment: Food, physical activity, and the university setting [invited speaker].” Presented at the Ivy League Recreational Sports Conference, New Haven, CT, 2007

“Reporting on Nutrition: Food and health content of high school newspapers [poster presentation].” Presented at the American Dietetic Association Food and Nutrition Exposition, St. Louis, MO, 2005

“Primetime television influences adolescents’ alcohol consumption [poster presentation].” Presented at the American Dietetic Association Food and Nutrition Exposition, Anaheim, CA, 2004

“Reporting on Nutrition: Impressions of mass and peer-based media on adolescents’ alcohol behavior [oral presentation].” Presented at the Arizona Dietetic Association Food and Nutrition Exposition, Phoenix, AZ, 2004

AD HOC EDITORIAL EXPERIENCE

American Journal of Health Promotion, Contributing Editor, 2005-current

Journal of the American Dietetic Association, 2007-2008

Journal of School Health, 2007-current

Journal of Nutrition Education and Behavior, 2006-2008

American Dietetic Association, Reviewer of Position Statements, 2007

Journal of Hunger and Environmental Nutrition, 2007

Psychology of Sport and Exercise, 2007

Depression and Anxiety, 2006

PROFESSIONAL MEMBERSHIPS

American College of Sports Medicine

American Dietetic Association

Arizona Dietetic Association

Association for the Study of Food & Society

Society of Behavioral Medicine

SERVICE

Member, Board of Directors, American Dietetic Association, 2009-2010

Faculty Liaison, Health Promotion Professionals House (ASU Downtown Residential College) 2009-2010

Member, Bylaws Task Force, College of Nursing and Health Innovation, 2009-2010

Member, Personnel Committee, Department of Nutrition, 2009-2010

Fundraiser, Department of Nutrition, 2008-2009

Member, Curriculum Committee, School of Sustainability, Arizona State University, 2008-2009

Chair, Hunger and Environmental Nutrition Sustainable Agriculture and Food Systems Committee, American Dietetic Association, 2008-2009

Chair, Arizona State University – Polytechnic Campus Sustainability Group, 2008-2009

Coordinator, PolyHarvest Community Supported Agriculture Program, 2008-current

Faculty advisor, Students Act Now for Sustainability student club, 2008-current

Member, Strategic Planning Task Force, American Dietetic Association, 2007-2008

Member, SCAN Nominating Committee, American Dietetic Association, 2007-2008

Member, Hunger and Environmental Nutrition Water Task Force, 2007-2008

Member, Hunger and Environmental Nutrition Sustainable Agriculture and Food Systems Committee, American Dietetic Association, 2007-2008

Chair, Student Council Advisory Committee, American Dietetic Association, 2005-2006

REFERENCES

Dr. Kelly Brownell
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 Director, Rudd Center for Food Policy
 and Obesity
 Yale University
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 Deputy Director, Rudd Center for
 Food Policy and Obesity
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