

Chapter 21
Nuclear Chemistry

- Nuclear chemistry involves changes in the nuclear composition of atoms that are radioactive.
- Nuclear changes provide a source of energy.
- Nuclear changes can be used for medical diagnosis and treatment.

21.1 Radioactivity

- Why do the elements occur in widely different amounts in the universe?

Radioactivity

- The elements have different stabilities. Of the natural elements, 81 elements (${}_{1}\text{H} - {}_{83}\text{Bi}$, with the exception of Tc and Pm) have at least one stable isotope that is not radioactive.
- Of the natural elements, 9 elements (Po–U) are radioactive.
- The heavier elements (Np –) are synthetic and radioactive. Elements with their molar mass in parentheses () on the periodic table are radioactive. Why don't these have a more precise molar mass?
- Not all elements are equally stable — the radioactive ones undergo nuclear decay to form other elements.
- When discussing nuclear reactions, we are interested in specific nucleons (nuclear particles) — protons and neutrons — which provide the majority of the mass of the nucleus.
- Z = atomic number = number of protons
- N = neutron number = number of neutrons
- $A = Z + N$ = mass number = number of nucleons
- nuclides = nuclei of isotopes
- symbol: ${}^A_Z\text{E}$
- Only 264 of the 1700 known nuclides are stable; the others decompose at some characteristic rate, emitting some type of radiation.

Nuclear Equations

- Radiation arises from nuclear reactions:
- parent nuclide \rightarrow daughter nuclide + radiation
- To balance, two conditions must be met:
 - Conserve mass number (A)
 - Conserve nuclear charge (Z)
- If we know two of the nuclear particles, we can use these rules to identify the third particle.

Nuclear Reactions

- Emission of alpha particles:
- ${}^{226}_{88}\text{Ra} \rightarrow {}^{222}_{86}\text{Rn} + {}^4_2\text{He}$
- Used in radiation therapy

- Conserve A: $226 = 222 + 4$
- Conserve Z: $88 = 86 + 2$
- Group Work:
- What is the product of the following reaction?
- ${}^{232}_{90}\text{Th} \rightarrow ? + {}^4_2\text{He}$

Nuclear Reactions

- Emission of beta particles (electrons):
- ${}^{131}_{53}\text{I} \rightarrow {}^{131}_{54}\text{Xe} + {}^0_{-1}\text{e}^-$
- Used to diagnose thyroid disorders
- Conserve A: $131 = 131 + 0$
- Conserve Z: $53 = 54 + -1$
- Group Work:
- What is the product of the following reaction?
- ${}^{60}_{27}\text{Co} \rightarrow ? + {}^0_{-1}\text{e}^-$

Nuclear Reactions

- Emission of beta+ particles (positrons):
- ${}^{18}_9\text{F} \rightarrow {}^{18}_8\text{O} + {}^0_{+1}\text{e}^+$
- Conserve A: $18 = 18 + 0$
- Conserve Z: $9 = 8 + 1$
- Group Work:
- What is the product of the following reaction?
- ${}^{23}_{12}\text{Mg} \rightarrow ? + {}^0_{+1}\text{e}^+$

Nuclear Reactions

- Emission of gamma rays:
- ${}^{224}_{88}\text{Ra}^* \rightarrow {}^{224}_{88}\text{Ra} + \gamma$
- Conserve A: $224 = 224 + 0$
- Conserve Z: $88 = 88 + 0$
- Accompanies nuclear transformations which leave excited (high energy) nuclei; no nuclear change is associated with gamma rays since $A = 0$ and $Z = 0$ for γ rays

Types of Radiation

- Three types of radiation are commonly detected: alpha, beta or gamma
- Alpha
 - $\alpha = {}^4_2\text{He}^{2+}$ or ${}^4_2\text{He}$ or ${}^4_2\alpha$
 - least penetrating
 - can be stopped by aluminum foil $> 10^{-3}$ cm, paper, skin
 - least harmful
 - most massive
- Beta
 - $\beta = {}^0_{-1}\text{e}^-$
 - high energy electrons (e^-) or positrons (e^+)

- more penetrating
- stopped by 0.05 – 0.1 cm of aluminum
- travel 10 ft through air
- commonly emitted by TV sets
- electron: ${}^0_{-1}\beta^-$ or ${}^0_{-1}e^-$ or e^-
- positron: ${}^0_{+1}\beta^+$ or ${}^0_{+1}e^+$ or e^+
- Gamma
 - γ = energy with no mass or charge
 - Most penetrating radiation
 - Stopped by 5 – 11 cm of aluminum or thick layer of concrete or lead
 - Lead is commonly used to enclose radioactive materials because radiation does not penetrate readily
 - In the 1950s, it was common to build thick concrete bomb shelters
- Other particles:
 - proton (p^+ or 1_1p or 1_1H)
 - neutron (n or 1_0n)
 - neutrino (${}^0_0\nu$) and antineutrino (${}^0_0\bar{\nu}$), which have no mass or charge and accompany emission of beta particles; these are generally ignored by chemists

21.2 Patterns of Nuclear Stability

- The stable nuclides occur in a narrow band of Z and N values — an “island of stability”.
- For $Z = 1-20$, $N = Z$ ($N/Z = 1$)
- For $Z > 20$, $N > Z$ ($N/Z \leq 1.6$)
- The stable isotopes form a zig-zag pattern within the island of stability.
- Even Z, even N: most stable
- Even N & even Z for 60% of the stable nuclides (157)
- Even N or even Z for most of the rest (102)
- Only 5 stable nuclides have both odd N and odd Z, one of which is hydrogen, 1_1H
- This is reflected in the abundances shown in slide 2
- Which of the following two nuclides is most likely to be stable and which is most likely to be radioactive?
 - ${}^{10}_5B$ and ${}^{12}_5B$
 - ${}^{10}_5B$ and ${}^{13}_5B$
 - ${}^{10}_5B$ and 9_5B
 - ${}^{11}_5B$ and 8_5B
- ${}^{10}_5B$ and ${}^{11}_5B$ are stable; the other isotopes of B are radioactive. Consider both even N and $Z = N$.
- Which of each pair of nuclides is most likely to be radioactive?
 - ${}^{16}_8O$ and ${}^{17}_8O$
 - ${}^{16}_8O$ and ${}^{18}_8O$
 - ${}^{28}_{14}Si$ and ${}^{29}_{14}Si$

- $^{28}_{14}\text{Si}$ and $^{30}_{14}\text{Si}$
- $^{12}_6\text{C}$ and $^{13}_6\text{C}$

Radioactivity

- There is a shell model of the nucleus (similar to electronic shells) which ascribes special stability to nuclides with “magic numbers” or filled shells: 2, 8, 20, 28, 50, 82, 126
- Nuclides with these numbers of protons and neutrons are especially stable (note that these are all even numbers).
- Stable nuclides: ^4_2He , $^{16}_8\text{O}$, $^{40}_{20}\text{Ca}$

Spontaneous Nuclear Decay Reactions

- Unstable nuclides decay spontaneously to try to reach a more stable N/Z ratio, while emitting radiation at a characteristic rate.
- Nuclides outside the island of stability change to reach the stable N/Z region

Types of Decay Processes

- If $Z > 83$, α decay gets rid of excess mass, with a slight decrease in N/Z.
- If N/Z is too high, β decay converts a neutron to a proton plus an electron, decreasing N/Z.
- If N/Z is too low, β^+ decay converts a proton to a neutron and a positron, increasing N/Z.
- If N/Z is too low, electron capture (EC) results in a proton capturing an inner electron and becoming a neutron, increasing N/Z.
- If the nuclide has too much energy, γ decay gets rid of it.

What type of decay?

- $^{14}_6\text{C}$ N/Z = 8/6 = 1.33
- Stable N/Z for light element is 1.00
- β decay gives smaller N/Z
- $^{14}_6\text{C} \rightarrow ^{14}_7\text{N} + ^0_{-1}\text{e}^-$
- $^{14}_7\text{N}$ N/Z = 7/7 = 1.00

What type of decay?

- $^{13}_7\text{N}$ N/Z = 6/7 = 0.86 (too small)
- Stable N/Z for light element is 1.00
- Increase ratio by positron emission or electron capture
- $^{13}_7\text{N} \rightarrow ^{13}_6\text{C} + ^0_{+1}\beta^+$
- $^{13}_6\text{C}$ N/Z = 7/6 = 1.17
- Can't get closer than this; nuclides prefer to be greater than 1 rather than less than 1

What type of decay?

- Sometimes uses electron capture instead. Can't tell which will occur; the result is the same.
- $^0_{-1}\text{e}^- + ^{22}_{11}\text{Na} \rightarrow ^{22}_{10}\text{Ne}$
- Stable nuclides in this region have N/Z slightly greater than 1.0

- $^{22}_{11}\text{Na}$ $N/Z = 1.0$
- $^{22}_{10}\text{Ne}$ $N/Z = 1.2$

What type of decay?

- Heavy elements decay by a combination of α and β decay. See the uranium series (Figure 21.4). Ultimately a heavy radioactive element will decay through a series of radioactive elements until it gets to a stable isotope of lead or bismuth.
- Four such series of decays are known:
 - U
 - Th
 - Ac
 - Np

Other Reactions

- Fission: nucleus splits into two lighter nuclei and neutrons
- Fusion: two light nuclei combine into a heavier nucleus
- Nuclear Bombardment: nuclei collide with high energy (accelerated) particles, possibly followed by decay

21.3 Nuclear Transmutations

- Bombardment reactions: Used to create new elements
- December 1994 in Darmstadt, Germany:

$$^{64}_{28}\text{Ni} + ^{209}_{83}\text{Bi} \rightarrow ^{272}_{111}\text{?} + ^1_0\text{n}$$
- Conserve A: $64 + 209 = 273 = 272 + 1$
- Conserve Z: $28 + 83 = 111 = 111 + 0$
- These reactions usually emit one or more particles, such as neutrons.
- This new nuclide survives for only 0.002 seconds

- What is the product of the following reaction?



Particle Accelerators

- Bombardment reactions require a stream of particles directed onto a target element. Thus, new elements, or useful isotopes can be produced with various particle accelerators.
- For bombardment reactions, we usually need to accelerate particles to overcome nuclear–nuclear repulsions. (Neutrons usually have to be slowed down.)
- Linear Accelerator
 - A beam of charged particles is accelerated by passing it through a series of tubes having alternating electrical charge.
 - The tubes get successively longer because the particles are moving faster.
- Circular accelerator (cyclotron)
 - A magnetic field is used to keep the particles in a circular pathway.
 - Alternating current on the “D”s is used to accelerate the particles.
 - Some cyclotrons have a radius of 1 km.
 - The canceled supercollider in Texas would have been much larger.

Bombardment Reactions

- Reaction in a nuclear reactor:
 $^{238}_{92}\text{U} + ^1_0\text{n} \rightarrow ^{239}_{93}\text{Np} + ^0_{-1}\text{e}^-$
- Preparation of Tc for medical imaging:
 $^{97}_{42}\text{Mo} + ^2_1\text{H} \rightarrow ^{97}_{43}\text{Tc} + 2^1_0\text{n}$
- Synthesis of transuranium elements:
 $^{238}_{92}\text{U} + ^4_2\text{He} \rightarrow ^{239}_{94}\text{Pu} + 3^1_0\text{n}$
 $^{238}_{92}\text{U} + ^{12}_6\text{C} \rightarrow ^{246}_{98}\text{Cf} + 4^1_0\text{n}$
 $^{238}_{92}\text{U} + ^{14}_7\text{N} \rightarrow ^{247}_{99}\text{Es} + 5^1_0\text{n}$
- In September 1982, two new elements were formed by bombardment with heavy nuclides:
 $^{58}_{26}\text{Fe} + ^{206}_{82}\text{Pb} \rightarrow ^{265}_{108}\text{Hn} + ^1_0\text{n}$
 $^{58}_{26}\text{Fe} + ^{209}_{83}\text{Bi} \rightarrow ^{266}_{109}\text{Mt} + ^1_0\text{n}$
 Prepared only a few atoms of each
- The interest in preparing new elements is generated in part by the prediction that there will be another island of stability among elements with $Z \sim 114$ or 126 , $N \sim 184$

21.4 Rates of Radioactive Decay

- The rate of decay, as well as the type and energy of the radiation, determines the damage caused by radiation.
- Nuclear decay follows first-order kinetics, which gives a constant $t_{1/2}$ over the course of the decay. Nuclear decay rates are also independent of temperature. Usually we cite $t_{1/2}$ instead of a rate constant.
- Note that successive half-lives have the same value.
- The radiation intensity and the number of radioactive nuclei decrease by a factor of 2 during each half-life.

Kinetics

- N = number of atoms of a nuclide
- $N = N^0 e^{-kt}$
- $N = 1/2 N^0$ at $t = t_{1/2}$
- $\ln N = \ln N^0 - 0.693 t/t_{1/2}$

Kinetics

- Can use kinetics, just like in Chapter 14, to do various calculations.
- How much nuclide is left after ___ time?
- How long do we have to store nuclear waste?
 (Usually $10 t_{1/2}$: $2^{-10} = 0.000977$, so 99.9023% has decayed)
 ^{51}Cr ($t_{1/2} = 27.8$ days) is stored for ≥ 10 months
- How much time has elapsed if conversion is ___% complete?
 Use $\ln(N/N^0) = -0.693t/t_{1/2}$
- Gold-128 undergoes beta decay to give mercury-128 with a half-life of 2.7 days.
 What fraction of gold-128 is left after 14 days?
- $\ln(N/N^0) = -0.693t/t_{1/2}$

- $\ln(N/N^0) = -0.693 \times 14 \text{ days} / 2.7 \text{ days} = -3.593$
- $N/N^0 = e^{-3.593} = 0.0275$

Archeological Dating

- Radiocarbon dating uses ^{14}C content
- ^{14}C is produced by bombardment of ^{14}N with neutrons (in cosmic rays)
 $^{14}_7\text{N} + ^1_0\text{n} \rightarrow ^{14}_6\text{C} + ^1_1\text{H}$
- ^{14}C is incorporated into living system, but undergoes radioactive decay with a half-life of 5730 years:
 $^{14}_6\text{C} \rightarrow ^{14}_7\text{N} + ^0_{-1}\text{e}^-$
- When a plant or animal dies, it no longer incorporates new ^{14}C , and the ^{14}C begins to decay, causing the ^{14}C content to become less than that in the atmosphere
- Have to calibrate in some way to take into account variations in the atmospheric content of ^{14}C
- Count bristle-cone pine tree rings to date the rings; correlate with a measurement of their ^{14}C content (University of Arizona)
- Living tissue has 15.3 disintegrations per minute per g C
- Can measure ≥ 0.03 dis/min/g
- $15.3 \rightarrow 0.03$ in about $9 t_{1/2}$
- Thus, the effective time range is $\leq 9 \times 5730 \simeq 50,000$ years

Geological Dating

- Geological dating is similar to archeological dating, but uses longer-lived nuclides
- Measure ratio of ^{40}K to ^{40}Ar in rocks
 $^{40}_{19}\text{K} + ^0_{-1}\text{e}^- \rightarrow ^{40}_{18}\text{Ar}$ 89%
 $^{40}_{19}\text{K} \rightarrow ^{40}_{20}\text{Ca} + ^0_{-1}\text{e}^-$ 11%
 Combined half-life is 1.27×10^9 years
- Measure ratio of ^{238}U to ^{206}Pb in rocks
 $^{238}\text{U} \rightarrow \dots \rightarrow ^{206}\text{Pb}$
 $t_{1/2} = 4.5 \times 10^9$ years
- terrestrial rocks: $t \leq 2 \times 10^9$ years
- terrestrial rocks: $t = 2-3 \times 10^9$ years
- meteorites: $t \leq 4.5 \times 10^9$ years

21.5 Detection of Radioactivity

- Study nuclear properties by studying the radiation emitted.
- Detection:
 - film badge for personal exposure
 - Geiger-Muller counter
 - radiation causes ionization of Ar(g) , which gives a pulse of electric current that is sent to a counter
 - detects α , β , or γ
 - scintillation counter
 - ZnS or NaI fluoresces (light flash) when irradiated; light is passed through a photomultiplier tube and recorded on a counter

Quantity of Radiation

- activity = number of nuclei disintegrating per unit time
- units = Curie (Ci)
- 1 Ci = 3.7×10^{10} disintegrations/sec = amount for 1 g of ^{226}Ra

21.6 Energy Changes in Nuclear Reactions

- Chemical reactions have energy changes of 100–1000 kJ/mol
- Nuclear reactions are of interest because of their large energy output
- The mass of an atom is less than the separate masses of the component subatomic particles — this discrepancy is called the mass defect.

Mass Defect

- $^{20}_{10}\text{Ne}$ 19.9924 amu
- Assume $10\text{p}^+ + 10\text{n} + 10\text{e}^- \rightarrow ^{20}_{10}\text{Ne}$
- mass of $\text{p}^+ = 1.00728$ amu
- mass of $\text{n} = 1.00867$ amu
- mass of $\text{e}^- = 0.0005486$ amu
- sum of particle masses = 20.1650 amu
- mass defect = 20.1650 amu – 19.9924 amu = 0.1726 amu
-
- What is the mass defect for $^{40}_{20}\text{Ca}$, which has a mass of 39.9626 amu?
- mass of $\text{p}^+ = 1.00728$ amu
- mass of $\text{n} = 1.00867$ amu
- mass of $\text{e}^- = 0.0005486$ amu

Mass Defect

- The mass defect corresponds to the atom having a lower energy than its component particles
- The energy corresponding to the mass defect is called the nuclear binding energy
- The Einstein equation is used to determine the mass–energy equivalence:
- $E = mc^2$
 $1 \text{ amu} = 1.66056 \times 10^{-27} \text{ kg}$
 $c = 2.9979 \times 10^8 \text{ m/s}$
 $\text{joule} = \text{kg m}^2/\text{s}^2$

Nuclear Binding Energy

- For $^{20}_{10}\text{Ne}$, $E = 0.1726 \text{ amu} \times 1.66056 \times 10^{-27} \text{ kg/amu} \times (2.9979 \times 10^8 \text{ m/s})^2$
- $E = 2.576 \times 10^{-11} \text{ J}$ for one atom
- For 1 mole of atoms (6.022×10^{23} atoms): $E = 1.551 \times 10^{13} \text{ J/mol}$
- It is common to use MeV as a unit to get convenient numbers for single atoms:
 $1 \text{ MeV} = 1.6602 \times 10^{-13} \text{ J}$
- $E = 2.576 \times 10^{-11} \text{ J} \times 1 \text{ MeV}/1.6602 \times 10^{-13} \text{ J} = 160.8 \text{ MeV}$ for one atom
- For the overall conversion, we can use the equivalence: $1 \text{ amu} = 931.5 \text{ MeV}$
- For $^{20}_{10}\text{Ne}$, the binding energy per nucleon is $E = 160.8 \text{ MeV}/20 \text{ nucleons} = 8.040 \text{ MeV/nucleon}$

- Examine a graph of nuclear binding energy (per nucleon) against mass number
- The curve is smooth, with spikes for very stable nuclides: ${}^4_2\text{He}$, ${}^{12}_6\text{C}$, ${}^{16}_8\text{O}$ ($N = Z = \text{even}$)
- Maximum value at ${}^{56}_{26}\text{Fe}$, which is prevalent in Earth's crust
- Elements with $Z = 20\text{--}30$ are prevalent in the crust, as are ${}^{16}\text{O}$, ${}^{12}\text{C}$, and ${}^{14}\text{N}$
- No elements heavier than the region of the maximum in the curve are present in amounts $>1\%$ in the crust
- Light nuclides undergo fusion or bombardment to convert to other nuclides closer to the maximum value
- Heavy nuclides undergo fission to give nuclides closer to the maximum value
- If a nuclear reaction gives products with a higher nuclear binding energy, then energy is released by the reaction.
- To calculate the energy released, calculate the mass defect, then multiply by 931.5 MeV/amu

21.7 Nuclear Fission

- Some nuclides undergo spontaneous fission; others undergo fission when bombarded with another nuclide or with a nucleon
- ${}^{235}_{92}\text{U}$ is used in nuclear power plants
 - ${}^{235}_{92}\text{U} + {}^1_0\text{n} \rightarrow {}^{236}_{92}\text{U} \rightarrow \text{mixture of products}$
 - ${}^{236}_{92}\text{U} \rightarrow {}^{92}_{36}\text{Kr} + {}^{141}_{56}\text{Ba} + 3{}^1_0\text{n} + \gamma$
 - ${}^{236}_{92}\text{U} \rightarrow {}^{90}_{38}\text{Sr} + {}^{143}_{54}\text{Xe} + 3{}^1_0\text{n} + \gamma$
 - ${}^{236}_{92}\text{U} \rightarrow {}^{94}_{40}\text{Zr} + {}^{140}_{58}\text{Ce} + 2{}^1_0\text{n} + \gamma$
 and others
- Average of 1 n is consumed, but an average of 2.4 n are produced, so more reaction occurs with the new neutrons and the reaction speeds up.
- This is called a chain reaction.
- One step in a chain reaction produces more neutrons than it consumes.
- Successive steps get faster and faster

Nuclear Reactor

- The size and shape of the uranium fuel determines how many neutrons escape and how many react.
- If we exceed some critical mass, the reaction becomes increasingly faster and results in a nuclear explosion.
- To control the process, we must remove some neutrons and slow down fast neutrons so they will react.

Reactor Core

- We use B or Cd control rods.
- ${}^{10}_5\text{B} + {}^1_0\text{n} \rightarrow {}^7_3\text{Li} + {}^4_2\text{He}$

Nuclear Reactor

- Fuel is not pure ${}^{235}\text{U}$.
- Usually use U_3O_8 enriched from a natural 0.7% ${}^{235}\text{U}$ to 2–3% ${}^{235}\text{U}$.

- Use a moderator to slow down neutrons: H₂O or D₂O or graphite.
- Get an energy output of 200 MeV/atom or 2×10^{10} kJ/mol as the kinetic energy of the products.
- Use this kinetic energy to heat water (the coolant) to 310–350°C (under pressure to prevent boiling).
- The hot water is then used to heat water contained in a secondary loop (to prevent any possible radiation loss) to make steam that drives a turbine in a generator.
- The steam is condensed and cooled in a cooling tower.
- The reactor core is enclosed in a containment building (the usual dome shape seen at nuclear power plants).
- Chernobyl used no containment, so the radiation leak was worse than from Three Mile Island.
- Storage of fission products is a major challenge.

21.8 Nuclear Fusion

- Fusion is already a source of energy; this is the process that produces sunlight.
- However, we have not yet carried out fusion in a reactor under control to produce energy.
- Sun: $4\ ^1_1\text{H} \rightarrow\ ^4_2\text{He} + 2\ ^0_{+1}\beta^+ + 25\ \text{MeV energy}$
- Need energy to initiate fusion (to overcome internuclear repulsions). In the sun, the temperature is about $10^7\ \text{K}$
- In a fusion bomb (hydrogen bomb), high temperature and pressure are provided by a fission explosion.
- The temperature needed to initiate fusion is called the ignition temperature.
- Fusion reactors are of interest because we have a greater supply of fuel and because they would produce fewer radioactive waste products, compared to a fission reactor.
- To date, it has been possible to carry out controlled fusion, but the input energy still exceeds the output energy.
- The most likely candidate for a fusion reaction is:

$$^2_1\text{H} + ^3_1\text{H} \rightarrow\ ^4_2\text{He} + ^1_0\text{n}$$

$$\Delta E = 17.6\ \text{MeV},\ T(\text{ignition}) = 10^8\ \text{K (or 10 keV)}$$

$$\text{Energy gain} = 1760$$
- ^2_1H is deuterium (D), available from water (heavy water)
- ^3_1H is tritium (T), available from the bombardment of Li with neutrons. We currently have about a thousand-year supply of lithium.
- Layout of fusion reactor:
 - Li blanket around a plasma core
 - Li absorbs n and produces more tritium than is used (called a breeder reactor)
- Problems:
 - achieving high temperature and pressure
 - holding an ionized gas (plasma) at high T & P (any container melts)
- Possible solutions:
 - use magnetic field from a donut-shaped machine called a tokamak
 - or use fuel in the form of beads and irradiate with a laser beam

21.9 Biological Effects of Radiation

- Can damage tissue cells
- Radiation comes continuously from many sources besides nuclear power plants and applications of isotopes
- Natural radiation sources:

granite	brick
soil	concrete
water	cosmic rays (airplane flights)
food	radon in houses
air	

- Amount of radiation exposure measured in rem
- rem = roentgen equivalent for man
- rad = radiation absorbed dose (10^{-2} J/kg tissue)
- RBE = relative biological effectiveness
 - RBE = 1 for x-ray, γ , β
 - RBE = 2.5 for slow neutrons
 - RBE = 10 for α , protons, fast neutrons
 - RBE = 20 for heavy ions
- 1 rem = 1 rad x 1 RBE
- Normal exposure = 200 mrem (0.2 rem) per year, which produces no observable effects
- Single dose of 0–25 rem: no effect
- 25–100 rem: temporary blood cell changes
- 100–300 rem: radiation sickness; decrease in white blood cells
- 400–600 rem: 50% chance of death
- ≥ 1000 rem: 100% chance of death

- Calculate your radiation exposure:

Cosmic radiation at sea level	27 mrem/year
Add 1 for every 250 ft elevation	4 for Phoenix
Radiation from earth	28
Building materials in houses	4
Radon gas from the ground	200
Radiation from food and water	39
Jet plane travel (9.5 mrem/hr)	_____
If you smoke (~1300 mrem/yr)	_____
Average medical exposure	25–55 mrem/yr
Add 6 for each chest x-ray	_____
Add 245 for intestinal x-ray	_____
Smoke detectors	10
Power plants	1
Your total exposure this year:	_____ mrem

- Applications of Isotopes

- Warfare
- Archeological/geological dating
- Small power generators for space vehicles and pacemakers
- Smoke alarms
- Radioactive tracers (e.g., ^{51}Cr):

$$\text{CrNC}^{2+} + * \text{Cr}^{2+} \rightarrow * \text{CrCN}^{2+} + \text{Cr}^{2+}$$
- Medical diagnoses
 - ^{99}Tc for tumors in spleen, liver, brain, thyroid
 - tracer put into a metabolite that concentrates in cancerous cells
 - ^{131}I or ^{123}I in thyroid
- Cancer therapy — destroy cells with γ rays
 - ^{131}I for thyroid cancers
 - ^{198}Au for lung cancer
 - ^{32}P for eye tumors
- Positron Emission Transaxial Tomography (PET or PETT Scan)
 - images slices of tissue
 - ^{11}C , ^{18}F , ^{15}O , or ^{13}N are used as positron emitters
 - detect gamma rays formed when a positron annihilates an electron
 - the gamma rays emanate from the annihilation site
 - the location and number of gamma ray production events is used by computer to construct an image of the concentration of positron-emitting nuclides
- Chemical analysis
 - neutron activation analysis used to authenticate antiques and art
- Food preservation by killing bacteria and molds