Figure 1: Overview of dubbing (ADR)

**original .mp4**
- Could have subtitles hard coded

**Audacity**
- Edits sound only (no video display)
- Select phrases to loop and rehearse
- Record dubbed voice on separate tracks (after enough rehearsal)

**modified audio file**
- Apply vocal remover to the same overdubbed regions
- Mixdown (export) the audio as a modified audio file

**Movie Maker (iMovie)**
- Open the original .mp4 file and strip (or mute) the original audio track
- Insert the modified audio file into a new track
- Export the project