We Could Learn a Lot From Crayons

some are sharp, some are pretty, some are dull, some have weird names, and all are different colors.... but they all exist very nicely in the same box.
INCLUSION

The idea that *all* students are included in an appropriate manner in order to reach their maximum potential
Areas for Inclusion

• Students with special needs
• Students with different ability levels
  – Physically elite
  – Physically awkward
  – Low-fit or obese children
• Gender differences
• Cultural diversity - includes ESL students
Inclusion Considerations

• All students have disabilities
• Develop an environment based on mutual respect
• Focus should be on the individual, not the disability
• Structure activities so all students can improve based on their current level of competence
Inclusion Considerations

• No child should bear the brunt of a team loss
• Always put a student’s self-concept above “winning”
• Everyone has the right to participate AND succeed
• View activities as strategies for reaching goals
Activity Modification

Modify the learning environment

• Use task analysis and progression when planning
• Use interval training during the fitness component
• Offer students choices within a choice
• Change the make-up of teams
• Change expectations and equipment to allow for decreased reaction time
• Increase number of and decrease length of games
Activity Modification

Alter rules to ensure success

• Change how a goal/point is scored
• Lower or enlarge goal
• Allow more passes
• Allow students to travel and/or double dribble
• Allow students to hit off the tee or pitch
• Disallow guarding and interceptions
Activity Modification

Equipment (projectile) modifications

• Reduce the weight of balls
• Increase the size of balls
• Reduce fear of injury
• Allow students to choose their equipment
Conclusion

All students benefit from inclusion by:

• Learning from those who appear to be unlike them
• Finding commonalities among differences
• Experiencing the diversity of society
• Working together towards a common goal